



I'M BORED...



Things I Can Do By Myself

- Read or listen to a book
- Journal
- Make a fort
- Listen to a podcast
- Create an "All About Me" board
- Color
- Write a letter or draw a picture to mail to someone
- Draw or paint pictures and host an art show
- Make bead or foil jewelry
- Make clay sculptures
- Create leaf rubbing art
- Learn a magic trick
- Create a spaceship out of a cardboard box
- Create paper dolls and houses for them
- Put together a puzzle
- Create a city with blocks
- Create an imaginary creature and write its story
- Paint
- Write and illustrate a book
- Do a photoshoot for my stuffed animals
- Act out commercials
- Play with toys and figurines
- Make clothes for my dolls and toys out of scrap fabric
- Play Cat's Cradle
- Write a letter to my penpal
- Go on an alphabet scavenger hunt
- Create shadow art
- Make my own magazine
- Make paper flowers or snowflakes
- Create affirmation or kindness rocks
- Build with LEGO bricks
- Play Mad Libs and word searches
- Learn to juggle
- Make a Rube Goldberg machine with household items



I'M BORED...



Things I Can Do With A Sibling

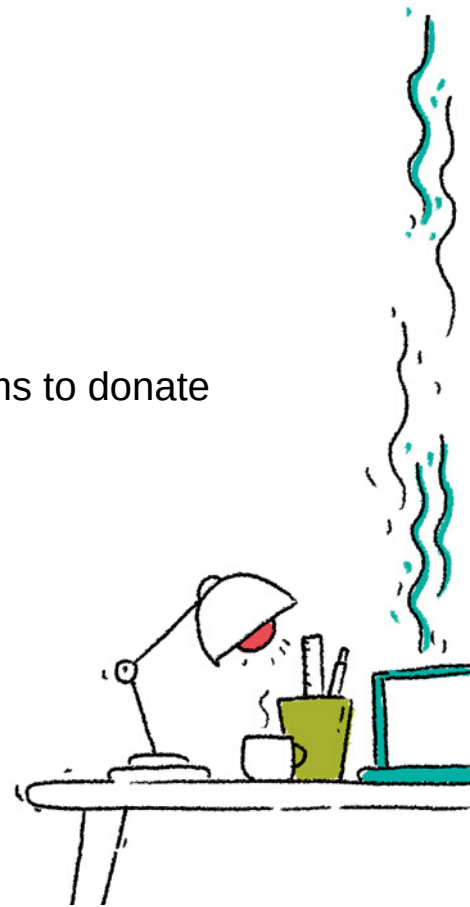
- Play hide and seek
- Have a figure skating competition in our kitchen
- Journal together
- Create our own magazine
- Play dress up
- Play a board game
- Make up silly songs
- Create art and hold an art show
- Create a play to perform for our family
- Play school
- Read to each other
- Use socks as puppets and have our own puppet show
- Make paper airplanes and see which one can fly the farthest
- Play I Spy
- Make up a secret language
- Create an indoor "camp out"
- Host a radio show
- Play store
- Build a house with cards
- Play library
- Draw cartoons or comic strips
- Play superheroes
- Make up a funny skit
- Play a card game
- Play the ABC game. Pick a theme (animals, food, etc) and take turns naming an item that starts with that letter
- Use items in our house (pots, pans, boxes, etc) to make our own instruments
- Play charades
- Create a blanket fort under the dining room table or on our beds
- Play Simon Says
- Design a board game
- Sing karaoke
- Do a science experiment
- Put on a shadow puppet show using a flashlight



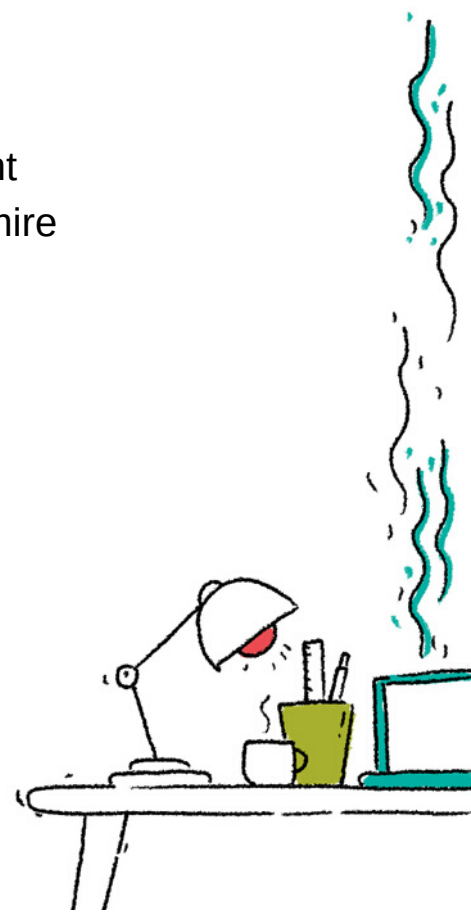
THINGS I CAN DO

Indoor Activities for Teens

- Learn a new skill (coding, origami, animation, instrument, etc.)
- Learn a new language
- Learn magic tricks
- Replicate famous art
- Paint or draw a self-portrait
- Draw cartoons or comic strips
- Publish a newspaper or magazine
- Write or draw a letter or an email to a penpal or relative
- Video chat with a friend
- Make friendship bracelets
- Do a puzzle
- Solve a crossword or Sudoku puzzle
- Play Solitaire
- Journal
- Write and illustrate a short story
- Write a play
- Write and direct a short film
- Write a song or a poem
- Make a music video
- Fix something that's broken
- Clean out my closet and put together a bag of items to donate
- Redecorate or organize my bedroom
- Host a fashion show in my room
- Research my family tree
- Look through photo albums
- Create a video using family videos and photos



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- Put together a time capsule
 - Make tissue flower bouquets
 - Make paper beads from magazines
 - Create dough art
 - Make pressed flower cards
 - Crochet or cross stitch
 - Create a collage
 - Collect quotes that inspire me
 - Cook a new recipe
 - Bake a treat
 - Start a blog
 - Start an Instagram page for my pet
 - Create a vision or dream board
 - Make a bucket list
 - Design my dream house
 - Plan my dream trip
 - Research a country I'd like to travel to
 - Take virtual museum tours
 - Take an online class
 - Watch a documentary
 - Learn about constellations and locate them at night
 - Research and create a video about a person I admire
 - Design a board game
 - Make a list of my business ideas
 - Start a business
 - Build a website
 - Learn to dance following a Youtube video
 - Take an online exercise class
 - Do yoga



THINGS I CAN DO

WITH A SIBLING

Indoor Activities for Teens

- Play a board game
- Cook or bake together
- Read to each other
- Hold an art show
- Make up a play to perform for our family
- Journal together
- Take silly selfies
- Paint pictures or affirmations on rocks
- Go on an indoor scavenger hunt
- Build a volcano out of paper m \acute{a} ch \acute{e}
- Create a board game
- Play balloon volleyball
- Have a Jenga tournament
- Sing karaoke
- Make a movie
- Make a music video
- Write and direct a short film
- Play a card game or learn a new one
- Play charades
- Exercise
- Cook a new meal
- Have a spa day
- Design a board game
- Do a science experiment

